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Jesus, Meek and Humble

of Heart. Make us Meek and Humble



In order to succeed in educating these girls, it is fitting to study their character and temperament; it is necessary to value the formation of the heart and this means using greater gentleness with one, more forcefulness and reasoning with another. *Unabridged Rule 142*

Magdalene is born



1

I, myself, taught Ephraim to walk, I took him in my arms; I led him with reins of kindness, with leading strings of love. *Hosea 11:3-4*



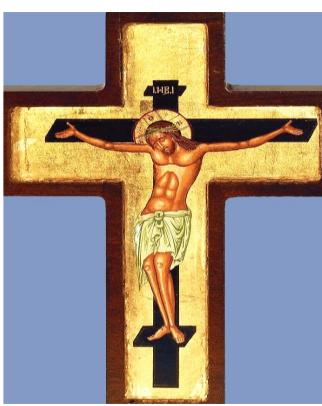
When the girls confide something to them, they should not scold them and neither should they reprove them for it later. If a girl were to ask an opinion or advice, they should give it with great charity looking for the girl's greater good. *Unabridged Rule 144*

Magdalene is baptised



2

Here is my servant ... he does not cry out ... he does not break the crushed reed, nor quench the wavering flame. *Isaiah 42:1-3*



Let us look at our Crucified Lord recalling what He suffered on the Cross with unconquerable patience, meekness, sufferance and gentleness. He forgot Himself out of love in order to save us. *Unabridged Rule 159*



3

Without beauty, without majesty, no looks to attract our eyes, a thing despised and rejected by men, a man of sorrows. *Isaiah 53:2-3*

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Jesus, Meek and Humble of Heart, Make us Meek and Humble!



Let us treat the sick as if we were treating the person of Jesus Christ with charity, kindness, cordiality, prudence, reverence, compassion and interest.

Unabridged Rule 163



4

When Jesus saw the large crowd, He took pity on them and said to his disciples: "Give them something to eat."

Matthew 14:14



Regarding the head of the hospital, the nurses and other personnel, we should behave with gentleness, good manners and dependence in everything the spirit of charity allows. Remember that patience is our armour.

Unabridged Rule 172



5

God cares for the just, and their heritage will last forever; they will not be at a loss when bad times come.

Psalm 37:18



Those who are in charge should behave with gentleness, charity and humility with everyone in their work and service; with the same charity they should inform them if they have done something wrong.

Unabridged Rule 252



6

As a man of God you must aim to be saintly and religious, filled with faith and love, patient and gentle. Fight the good fight of the faith. *1 Timothy 6:11*



In the internal works, they will accept with charity and meekness what they are ordered to do, avoiding all rebuffs, hurting or mortifying one another on account of the poor result of their charitable undertakings.

Unabridged Rule 252

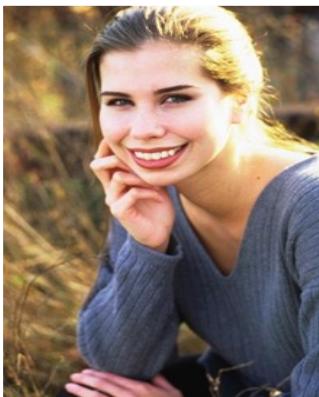


7

The humble shall possess the land and enjoy untroubled peace. The just always speak with wisdom and honesty.

Psalm 37:11,30

Jesus, Meek and Humble of Heart, Make us Meek and Humble!



Humility requires that one speaks with a serene expression, gentleness of manner and meekness of heart and not to speak with affectation or look for elegant expressions.

Unabridged Rule 278



8

A wise man uses intelligent words; his words are more persuasive. Kindly words are a honey comb, sweet to the taste, healthy for the body.

Proverbs 16:24



Try to discover her character, temperament and inclinations in order to understand and judge whether it be more efficacious and opportune for her spiritual good to guide her always with gentleness and firmness.

Unabridged Rule 312



9

Is Ephraim so dear a son to me, a child so favoured? ... I am still deeply moved for him and my tenderness yearns for him. *Jeremiah 31:20*



The Sister in charge of the hospital must be a person of great interior spirit, prudent, gentle and zealous for souls, and charity to discover the needs of the sick.

Unabridged Rule 336



10

Like a son comforted by his mother will I comfort you and fondle you like a mother does with the child in her lap. *Isaiah 66:13*



Let us remember the tender affection with which Jesus Christ gathered children to Himself and how much He showed He cared that they be welcomed by us, assuring us that whoever welcomes a child in His name welcomes Him. *Unabridged Rule 349*



11

Anyone who welcomes a child in my name welcomes me; and anyone who welcomes me welcomes the one who sent me. *Luke 9:48*

Jesus, Meek and Humble of Heart, Make us Meek and Humble!



When the Poor come to the door, she will treat them with charity, gentleness and reverence; she must never show impatience or annoyance at their untimeliness and never make them wait. *Unabridged Rule 355*



12

To the poor man lend an ear, and return always his greeting courteously. *Ecclesiasticus 4:8*

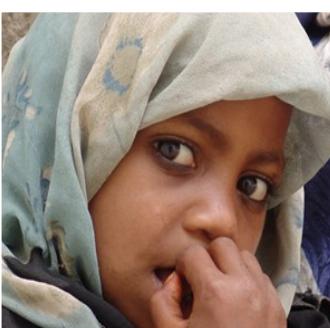


Assist the sick with great charity, patience and gentleness; do not show you are burdened or annoyed; be attentive that they may receive the Sacraments and the comforts of the Church. *Unabridged Rule 371*



13

The Lord is merciful, tenderhearted, slow to anger and very loving. The Lord is good to all, His mercy is for every creature. *Psalm 145:9*



In prayer God not only made me perceive that He deserves all, but He also consoled me with a special concern and tender love. *Memoirs II, 5*



14

You prepare a table before me. Your goodness and kindness pursue me, every day of my life; I will stay in the house of the Lord as long as I live. *Psalm 23:5.6*



I spent two years in my Retreat in serenity, very happy to be there. Sometime after, while at prayer, the Lord prepared me for the first mission in Venice, with extraordinary consolations and a lively desire to work for souls. *Memoirs II, 33*



15

May the sweetness of the Lord be on us! May he make all we do succeed. *Psalm 90:17*

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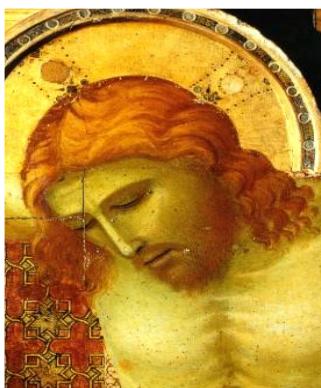


I also remember I found myself greatly troubled and tempted. I felt rebuked and reminded of the promises I had made, but touched by the loving sweetness with which He was reprimanding me. *Memoirs V, 7*



16

The Lord is tender and compassionate, slow to anger, most loving; his resentment lasts a short time, He never punishes us as our guilt and sins deserve. *Psalm 103:8-10*



I had an inner enlightenment on the significance of seeking God alone and Christ Crucified, always in the way of the first intuitions, that is, with the sweetness and gentleness of the language of God. *Memoirs V, 9*



17

The fear of the Lord is pure, lasting for ever; the judgments of the Lord are true, more desirable than the finest gold. *Psalm 19:10*



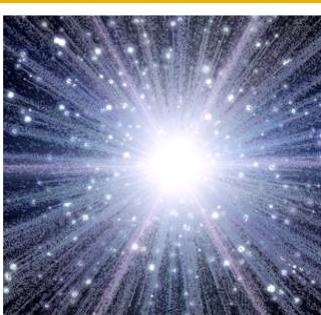
While reciting a verse regarding the love of Jesus, the Lord sweetly reproached me by asking me if that was the right way of responding to His great love for me, after all that He had done for me. *Memoirs VIII, 16*



18

Lord, my God, You grant mercy, honour and joy to those who do Your will. Blessed is he who trusts in You!

Psalm 84:12



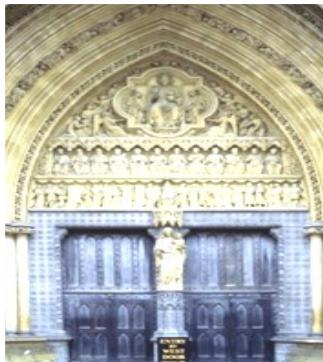
From the consolations deriving from my sense of well-being, it seemed to me that it was really the Lord reassuring me that, for all I was to suffer, He would always be mine, and that one day, I would gain the possession of God. *Memoirs VII, 49*



19

Lord, my heritage, my cup, You alone hold my lot secure. You will reveal the path of life to me: at your right hand always everlasting pleasures. *Psalm 16:5,11*

Jesus, Meek and Humble of Heart, Make us Meek and Humble!



According to obedience, I have to tread the path of love, so I took courage and ... gradually my desire for the glory of God swept over me and I offered myself to Him.
Memoirs XII, 40



20

One thing I ask of the Lord, only this I seek; to live in the house of the Lord all the days of my life, to enjoy His sweetness. *Psalm 27:4*



We must have a real union of hearts: one heart and one will; they must always love one another sincerely without any distinction, each one wanting always what the other desires and not wanting what displeases the other.
Unabridged Rule 246



21

The wisdom that comes from God is essentially pure; it makes peace and is kind and considerate, full of compassion and does good works without preference. *James 3:17*



We must always carry out the command of Jesus Christ by loving one another with all our hearts. Do not give a bad interpretation to the actions of others, but always give the interpretation according to holy charity.
Unabridged Rule 247



22

Seek the beauty that is inside a person's heart since it is imperishable. Try to nurture a good and serene heart: this is precious in the sight of God. *1 Peter 3:4*



Let them offer to the Lord the immediate breaking of every reflection on any word or action done against them: they must forget about it entirely, not talking of it and always giving it the best interpretation.
Unabridged Rule 248

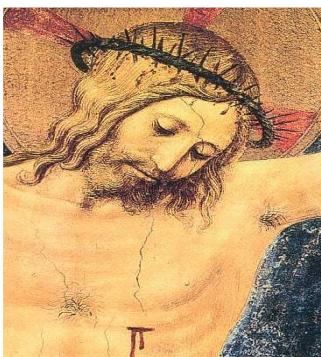


23

Try to do good before all men. If possible, from what depends on you, live at peace with everyone.
Romans 12:17

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They should not uphold their own opinion, nor boast about the work they do, nor interrupt a conversation and much less use harsh, bitter or mortifying words, nor to be offended by jokes that might upset charity.

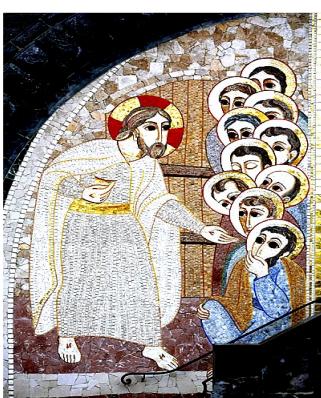
Unabridged Rules 249



24

A servant of the Lord is not to engage in quarrels, but has to be kind to everyone, patient when offended and gentle when he corrects others.

2 Timothy 2:24



No one must ever speak with resentment or uncontrolled emotion to another, nor use injurious words or terms; they must not raise their voices or react. They must not use gestures of contempt because Charity will be destroyed.

Unabridged Rules 253



25

Never pay back one wrong with another, or an angry word with another one; instead pay back with a blessing.

1 Peter 3:9



They must bear with one another and when someone asks forgiveness, the other will always reply gently and cordially, showing and really forgiving any offense or wound.

Unabridged Rule 253



26

You are God's chosen race, you should be clothed in sincere compassion, in kindness and humility, gentleness and patience.

Colossians 3:12-13



They must interiorly mortify their passions, going against their own will and not satisfy their self-love in order that God alone may live in them. Besides, pride, anger and inordinate affection must be uprooted.

Unabridged Rules 265



27

Listen to me: what the Spirit brings is love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control.

Galatians 5:22

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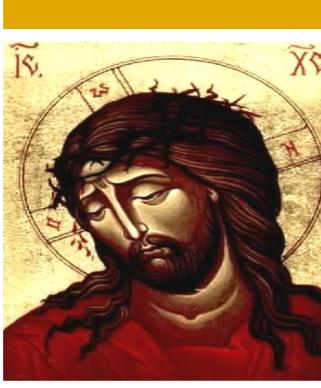


Reflect always that if everyone tries to absorb themselves in their work and stay in their nothingness and practice humility there would be no competition, arguments and disunion in the world. *Unabridged Rule 265*



28

God has chosen those who are nothing at all to show up those who are everything, the weak so as to destroy the strong. *1 Corinthians 1:27*



An injury tollerated with a serene, smiling face, without complaints or answering back will be more efficacious than their teaching and discourses for winning souls. *Unabridged Rule 266*



29

Christ was insulted and did not retaliate with insults, when He was tortured He made no threats but He put His trust in the righteous judge. *1 Peter 2:23*

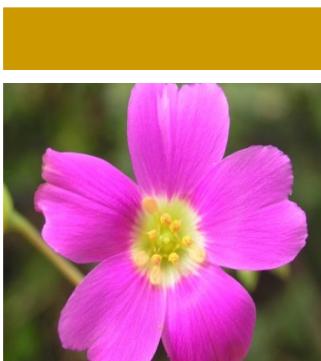


Whoever really wants to do good to their neighbour must dominate the passion of anger by mortifying and fighting it until it is subdued and not felt anymore, just like a statue. Thus internal mortification is needed. *Unabridged Rule 266*



30

Never have grudges against others, or lose your temper. Be friends with everyone, forgiving each other as readily as God forgave you, in Christ. *Ephesians 4:31-32*



As soon as I returned home I was surprised at a fault I committed. I had become impatient in having to correct a companion. I recomposed myself immediately by the grace of divine mercy. *Memoirs VIII, 24*



31

If one of you commits a fault, the more spiritual of you who set him right should do so in a spirit of gentleness. Keep watch so that you are not tempted. *Galatians 6:1*

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