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# Our lady of Sorrows.

## Bring forth in Us

### the Spirit of Jesus Crucified!



It was precisely at this time that I began to honour the Most Holy Virgin under the title of the “Sorrowful Virgin”. In fact, when I was a child I always had a great love and devotion to Our Lady. *Memoirs II, 11*



1

Simeon said to Mary: “This child is destined to be a sign that is rejected and a sword will pierce your own soul so that the secret thoughts of many may be laid bare.”

*Luke 2, 35*



It is Our Lady of Sorrows who was constituted Mother of Charity under the Cross when, at the words of her dying Divine Son, she gathered all of us, sinners though we are, to her heart. *Unabridged Rule, Preface*



2

Seeing his Mother and the disciple He loved standing near her, Jesus said to his Mother: “Woman, this is your son!”; to the disciple: “This is your Mother!”. *John 19: 25*



I beg all of you to regard her always as your one and only Mother, as a duty of justice, truth, gratitude and humble, devout affection. Everything that has been done up to now is her work. *Unabridged Rule, Preface*



3

Blessed are we who have You as our defence because You intercede for us night and day. Hail, You who are full of grace! *Anonymous V-VI century*

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Among the various works of charity proposed to me I accepted one, but feeling somewhat disturbed I resorted to prayer. As usual I prayed to the Most Holy Virgin Mary and entrusted this affair to her goodness. *Memoirs XIV, 41*



4

Do not forget our cries in the moment of temptation, but free us from all dangers, O purest and blessed One, Mother of God. *Egyptian scroll, III century.*



Let us venerate the Sorrows of Mary, committing her kind mercy so as to increase evermore this calm and taking advantage of it so that it may be for all of us the way that leads us always to eternal and blessed peace. *System for the Tertiaries*



5

Simeon said to Mary, his Mother, "He will be a sign from God ... As for you, Mary, sorrow will strike you as a sword." *Luke 2:34-35*



We would like to form an Association or Company of people who, as Tertiaries of Mary, Our Most Holy Mother of Sorrows, may practice and spread Her true devotion, by sanctifying themselves. *System for the Tertiaries*



6

"Nothing is impossible to God" ... "I am the handmaid of the Lord, let what you have said be done to me." *Luke 1:38*



The Tertiaries spread the true devotion to Mary and engage themselves in works of charity in their families and outside, always pursuing those works aimed at preventing sin, the gravest cause of the bitter Sorrows of the Mother of God. *System for the Tertiaries*



7

Hail, peace and joy of humankind. Hail, most holy temple, hail, mountain of grace, hail refuge of the afflicted. *Ephraim the Syrian*

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The aim of this Company is to honour and to serve Mary, our Most Holy Mother of Sorrows, in exercising Holy Charity trying to eliminate, from the members of their family and possibly others, sin which is the fatal cause of Mary's Sorrows. *System for the Tertiaries*



8

Mary, be a travelling companion for those along the way, a supporting hand for those who stumble and make us worthy of the glory of the saints in heaven. *Peter of Argo*



Divine Wisdom wants to shower, at all times, its divine mercies on our least Institute which is devoted to Mary, our Most Sorrowful Virgin, and always recognise Her as our only Mother. *System for the Tertiaries*



9

Blessed are you among women! You accepted within yourself the One who is so great. You received the One who fills everything with Himself. *Gregory of Nissa*



The aim of the Institute is to empathize for the indescribable sorrows of the Queen of Martyrs and to recall these sorrows to our neighbours; to try our best to destroy and prevent sin in ourselves and others.

*System for the Tertiaries*



10

Hail, O new Mother. Hail, O Mother, full of unexplainable mystery! Hail, O jar of alabaster, oil of holiness!

*Theodotus of Ancyra*



Try to revive in them the memory of Our Lord and of His Holy Mother, Our Lady of Sorrows, through the exercise of the various Branches of Charity, to provide for the main spiritual needs of our brothers and sisters.

*System for the Tertiaries*



11

My soul proclaims the greatness of the Lord ... His mercy reaches from age to age for those who fear Him.

*Luke 1:46.50*

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The person who writes thinks of spreading the Institute by forming the Tertiaries of the Daughters of Charity, who are simply bound by the sacred bonds of this great virtue and dedicated to Mary, Our Most Holy Mother of Sorrows. *System for the Tertiaries*



12

He has shown the power of His arm, raised up the lowly, the hungry He has filled with good things, He has come to the help of Israel, His servant. *Luke 1:51-53*



The Tertiaries, bound by the sacred bonds of these great virtue, dedicated to Mary, our Most Holy Mother of Sorrows and animated by the same spirit, may practice the same works of charity that this Institute cannot always exercise. *System for the Tertiaries*



13

From this day forward all generations will call me blessed, for the Almighty has done great things for me. Holy is his name. *Luke 1:48-49*



The Tertiaries are dedicated to honouring the shedding of the most Precious Blood of the Divine Redeemer and have compassion of the Heart of Our Lady of Sorrows, in agony at the foot of the Cross. *System for the Tertiaries*



14

Near the cross of Jesus stood his Mother ... Jesus said: "It is accomplished!" And bowing his head He gave up His spirit. *John 19:25.30*



Everyday they will recite seven Hail Marys in honour of the Sorrowful Heart of Mary to obtain the grace of living a holy life, of dying a good death and for the conversion of sinners, each one trying to spread the devotion to Mary, Most Holy. *System for the Tertiaries*



15

The prayer of a mother may obtain much from the benevolence of the Master. He is merciful and can save us. *Anonymous V-VI century*

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The Tertiaries will demonstrate their loving devotion to Mary, Our Most Holy Mother of Sorrows, mainly in imitating her in the exercise of patience, docility, meekness and gentleness for their own sanctification and for the works of Charity. *System for the Tertiaries*



16

Hail, O blessed source of infinite joy. Hail, O tree of joy that gives life. Hail, Mother of heavenly joy.

*Sophronius of Jerusalem*



Recommend me to the Lord and I will do this for you and for everyone. Try to make them know the duty which we have, to spread the devotion of Jesus Christ's Passion and the Sorrows of Mary. *Epistolario III/1, 1000*



17

Hail, glorious Mother of God, Holy Virgin Mary, O Door open to the heavens, may You present our prayers to Christ. *Popular hymn, IX century*



I am very consoled by the confidence you feel for Mary, our Most Holy Mother. Meanwhile, continue to place your heart in the sorrowful Heart of Mary when you feel worried. *Epistolario III/1, 1052*



18

Holy Mary, aid the miserable, help the downhearted, encourage the weak. Pray for the people, intercede for the clergy. *Fulberto of Chartres*



Remember the fortitude of Mary at the foot of the true cross and since you rightly claim to be her daughter it would be right to fix in your mind that to be so you must really imitate her. I leave you in Mary's Sacred Heart. *Epistolario III/1, 1105*



19

Be a travelling companion to those who journey. Guide firmly our whole life and grant comfort to the discouraged and afflicted. *Peter of Argo*

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I recommend myself to everyone in the forthcoming novena to Our Lady of Sorrows. Remember me and all the affairs of the Institute. I embrace you all heartily and leave you all in the Heart of Mary.

*Epistolario III/1, 1284*



20

Thus may it be, O Mary, O my refuge, my life, my help, my defence, my glory, my hope and my fortitude.

*Germano of Constantinople*



Have true trust in Our Lady who will carry out everything. I leave you in the sacred wounds of Jesus Crucified and in the suffering Heart of Mary, our dearest Mother.

*Epistolario III/1, 1123*



21

O Virgin, you conceived your Creator; the One who brought light to the world, He comes to the light of the world from You. *Peter Chrysologus*



They celebrate the week dedicated to Our Lady of Sorrows. Next week we will do the 40 hours to our Desolate Mother and the devotion of the 7 hours a day. I understand well that it is Mary who does everything for us.

*Epistolario III/1, 1004*



22

Hail, O face illumined by God's light. Hail, O purest womb which welcomed into itself the One whom the whole world cannot contain. *Theodotus of Ancyra*



I asked my dear companions to start a seven day prayer to Our Lady of Sorrows and I hope She will grant me the grace to do God's will and what is the best for the Institute. *Epistolario I, 286*



23

God, guardian of my rights, you answer when I call, when I am in trouble, you come to my relief, hear my prayer.

*Psalms 4:2*

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You have good reason to thank the Lord and I too will do the same for you. Believe that it was the intercession of Our Lady of Sorrows who obtained this grace, since She had given you this grace even before you asked it with such confidence. *Epistolario I, 410*



24

Lord, my trust never wavers. Your love is before my eyes and I live my life in loyalty to you.

*Psalms 26:3*



If the family members permit it, the Tertiaries everyday may recite a third part of the Rosary and, on Saturdays, instead of the Rosary they will pray the chaplet of the Seven Sorrows of Our Most Holy Mother Mary.

*System for the Tertiaries*



25

Daughter of your Son, Mother of your Creator, grant us from Him to pour into us that extraordinary sweetness of the desire for Him. *Hymn*



I am certain that we are people who have decided to imitate Jesus Crucified and Our Lady of Sorrows. We ought to revive our spirits and, more than ever, conform ourselves in everything to those great models.

*Epistolario III/1, 1000*



26

He became as men are, He was humbler yet even to accepting death, death on a cross. But God raised Him high.

*Philippians 2:7-8*



Our business matters continue to go well through Mary's help. Everyone here greets you and they ask your prayers. Remember to take care of yourself and I leave you in the Heart of Mary, our Sorrowful Mother.

*Epistolario III/1, 1075*



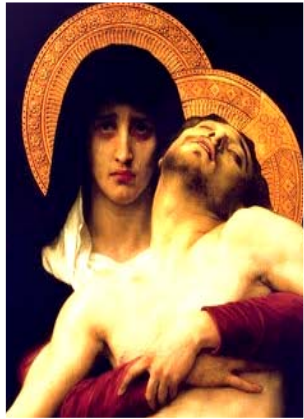
27

At that time Mary set out towards the hill country. She went into Zachariah's house and greeted Elizabeth and remained with her about three months. *Luke 1:38.56*

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I was always beset by that same concern so I felt inspired to ask the Lord for the request through the intercession of the most Sorrowful Virgin Mary and I recited the chaplet of the Sorrows of Mary. *Memoirs IV, 30*



28

The Mother of Jesus said to Him: "They have no wine" ... His Mother said to the servants: "Do whatever He tells you." *John 2:3.5*



Next Friday, the seven first Fridays of the month begin in honour of Our Lady of Sorrows, who became, in a special way, Mother of Charity at the foot of the Cross, our model, since we need always a greater spirit of charity. *Epistolario I, 288*



29

In short, there are three things that last: faith, hope and love and the greatest of these is love! Search for this charity. *1 Corinthians 13:13*



God desires that we stay beneath the cross with His Holy Mother. Meanwhile I pray that He may give you courage and set you at peace. I would not like you to lose your tranquillity. Take courage because you must be my support. *Epistolario III/5, 2633*



30

May you be glorified a thousand times, O Virgin Mother of God! We sing your praises because by the cross of your Son we obtained Paradise. *Anonymous hymn V-VI sec.*



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